**A Holiday for the Books**

Another year is in the books, and the holiday season is a special Penn faculty, staff, alumni, and even a couple students have been busy writing for books for all matters, about all subjects, fiction and nonfiction, for any age group. Looking for gift ideas for that swell real friend or family member? Look no further—a Penn author has written the perfect book!

More information is available on books from Penn Press at [www.upenn.edu/pennpress/](http://www.upenn.edu/pennpress/). All prices refer to hard copies of books; many are also available in less expensive e-book editions.

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**The Permanent Weight Loss Plan: A 6-Step Approach to Ending the Diet Cycle**

**The Splendid and the Vile**

By Jenny Randles

99-year-old architect Sir Edwin Lutyens was responsible for designing many famous buildings and is considered to be one of the most influential architects of the 20th century. In his book, Randles explores Lutyens' designs, his architectural philosophy, and the impact of his work on modern architecture. 

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**Avoid the Day: A New Nonfiction in Three Movements**

By Jay Kerr

Kerr's book is a nonfiction text that explores the idea of avoiding the day-to-day routine of modern life. The author presents a series of essays, each focusing on a different aspect of life, to encourage readers to challenge and redefine their daily routines. 

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**How to Write a Better Essay: Your Step by Step Guide to Writing Better Essays For Better Grades**

By John Kromer

Kromer's book provides practical tips and strategies for improving essay writing skills. It covers topics such as selecting a topic, organizing ideas, and revising drafts, helping students to achieve better grades in their essays. 

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**Which Country Has the World’s Best Health Care?**

By Ezekiel Emanuel

Emanuel's book compares the US with other health care systems around the world to identify areas where improvements can be made. It explores topics such as access, quality, and cost, and offers insights into potentially effective reforms. 

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**Parents Who Lead: Alyssa Wentrzog, Stewardship Advisor for Parents, advice for working parents to lead a more purposeful, diverse, and meaningful home, focusing on the authors’ experience of raising children, educators, and parents.**

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**The Unicorn’s Shadow: Combating the Dangerous Myths that Threaten Startups, Founders, and Investors**

By Erik Larson

Larson presents a mind-blowing read that describes how to avoid the traps and pitfalls that startups and founders must learn to deal with to be successful. 

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**The Great American Housing Bubble: What Went Wrong and How We Can Protect Ourselves in the Future**

By Adam Levoir

Levoir's book offers a critical examination of the 2000s financial recession, implicating the shift in mortgage financing "to privatize lending" by Wall Street banks, $45. 

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**Stop Missing Your Life: How to Be Deeply Present in an Unpredictable World**

By Bartok

This book is a journey into the guided mindfulness practice that can help you to be more present in your life. It covers techniques for cultivating awareness and reducing mental clutter. 

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**The Great American Music Bubble: What Went Wrong and How We Can Protect Ourselves in the Future**

By Cory Muskat

Muskat's book delves into the history of America's music scene, highlighting the cultural representations and the mechanisms and must learn to deal with failures, $19.95.

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**A Novel Reflection**

By John Kromer

Kromer's book presents a series of essays that explore the nature of reflection and its importance in personal and professional development. It encourages readers to engage with their experiences more deeply. 

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**The Leader’s Route: A Leadership Training Manual for the 21st Century**

By Michael Platt

Platt's book offers practical guidance for developing effective leadership skills. It covers topics such as communication, team-building, decision-making, and personal growth. 

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**A Holiday for the Books**

By Penn Press

Penn Press presents a holiday book selection that includes a variety of titles on topics ranging from architecture and fitness to leadership and history. The book list offers something for everyone, making it the perfect holiday gift guide. 

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